

Câlinesse

SOINS BIOLOGIQUES AU LAIT D'ÂNESSE

FACIAL TREATMENTS

« Milky Secret », Anti-Age Facial Treatment

55 min – 89€

Specially designed for skin requiring firming and toning, this treatment remodels the facial outline, leaving the skin replumped, smooth and radiant.

« Milky Softness », Repairing Facial Treatment

40 min – 85€

Perfect for sensitive, irritated or stressed-out skin, this treatment transports you to a universe of softness, security and intense pleasure. Calming your skin and helping it to feel comfortable, supple and hydrated.



Ritual

« Grand Milk Ritual », Scrub, Facial and Body Treatment

1h55 min – 159€

An invitation to the world of milk, softness and warmth... Along with the body treatment, the sparkling facial treatment will bring about a feeling of intense pleasure and unity. During this ritual, you will discover the beneficial effects of donkey milk drizzled over the fundamental energy zones and incorporated into a nourishing « Body beauty » cream combined with organic vegetable oil. All of the tensions of city life will disappear, leaving your muscles unravelled, calming your spirit and leaving you serene.

Another version:

« Milk Ritual », Facial and Body Treatment

1h25 – 139€



BODY TREATMENTS

« Exfoliating Milk Treatment », Body Treatment

40 min – 65€

The combination of a soft, Muscat rose-seed scrub and a relaxing massage* allows a silky, velvety and subtly perfumed skin to be revealed.

« Milky Harmony », Body Treatment

55 min – 89€

This full body treatment untangles deep muscle tension with a powerful, cocooning massage. The smooth, subtly perfumed cream ensures that this massage* becomes a moment of relaxation and beauty.

*all of the massage treatments are intended for well-being purposes only. They have no healing properties and do not constitute a medical treatment nor are they a form of physiotherapy.



MASSAGES

Swedish Massage

55 min – 105 €

Contributes to relaxation of muscles and joints, improves circulation and venous return. Eliminates toxins and helps the body to get back its natural balance.

Stone Therapy

50 min – 120 €

Involves manual massage with warm oil and basalt stones. Relaxes deeply muscles and nerves. This massage is a right way to eliminate toxins, stress and fatigue.

Ayurvedic Massage

55 min – 125 €

From Indian traditional medicine, Ayurveda means "science of life" in Sanskrit. The palpation and pressure, practiced on the body, relax, reduce nervous tension and improve blood circulation.

Sports Massage

25min – 60 €

55min – 105 €

Tonic massage that provides deep muscle relaxation.

Feet Massage

25 min – 65 €

Massage by stimulating reflex points of the feet. Reflexology works on the whole body, boosts the flow energy of each organ, relieves pain, brings lightness and deep relaxation.

